



My child has never played hockey before. Where do I begin?

Step 1: Pre-Hockey (Tots/LTS)

This introductory class is where skaters will learn basic skating skills such as two-foot glides, forward swizzles, back wiggles, and stopping.

Step 2: Hockey Learn to Skate

This class focuses on more advanced skating skills to prepare the skater for Learn to Play Hockey. Skaters will learn terminology and further develop balance and skating technique.

Step 3: Learn to Play Hockey

Skaters will continue to develop their skating while working on stick and puck handling, shooting, and will include small area games to help reinforce these techniques.

Get Geared UP!



Pre-Hockey (Tots / Learn to Skate)

Required Equipment: Helmet, gloves, skates

Hockey Learn to Skate

Required Equipment: Hockey Helmet with cage, hockey gloves, hockey skates

Skate rental included in class cost if needed and all other equipment is optional but can be worn

Learn to Play Equipment

Required: Hockey Helmet with cage, hockey skates, elbow pads, shoulder pads, hockey pants, shin pads, hockey gloves, mouthguard, and hockey stick

Visit Ferguson's Ice Center Pro Shop



RoseGarden Instructional Hockey

Pre-Hockey

Hockey Learn to Skate

Learn to Play Hockey

641 New London Turnpike
Norwich, CT 06360
programs@rosegardencearena.com
www.rosegardencearena.com

I have completed all instructional hockey. What is NEXT?

- Spring and Summer House Leagues
- Camps and Clinics
- Southeastern CT Youth Hockey (www.SECYH.org)



For More information about rink programming, please contact:

Shannon or Maria

860-892-2555

programs@rosegardenicearena.com

What you need to know:

- Please choose from the programs and days that are available using the program registration sheet
 - You will receive a name tag for your Pre-Hockey and Hockey Learn to Skate class. Please make sure they are picked up and dropped off each week so they can be updated
 - All skaters will be evaluated regularly
 - Some levels and skills are more difficult and may take more than one session to complete. Don't be discouraged!
 - We highly recommend that skaters practice skating skills on public skating sessions.
- Practice makes perfect!**

Terms and Conditions

- Tuition must be paid in full before going on the ice. We do not offer refunds or credits
- Make Up classes may only be scheduled in the event of a medical emergency with a doctor's note or proper documentation
- RGIA reserves the right to change or cancel the time or day of the class. If fewer than 4 skaters are enrolled in a class, it may be cancelled or combined with another class
- During the first two weeks of class our professional staff will evaluate skaters based on age and ability
- All students must wear their nametag to Pre-Hockey and LTPH. They must be picked up and dropped off each week.
- A parent or guardian must be present in the rink during class time.