

Summer Hockey Clinics



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Under the direction of Hockey Skills and Concepts founder Chris Avena

Sessions will cover the following:

*Skating (All Levels)

- Edge skating/Footwork
- Keeping shoulders square for better shooting/defending
- Mohawk technique

*Puck Control (All Levels)

- Stick handling
- Puck Protection
- Passing
- Placing puck where receiving player can make a play
- Placing puck in open areas

PeeWee-Adult

Creating Space/Taking Space Away

- How to create time and space for better play making/shooting
- Basic cycling

*Movement Without The Puck

- Making defender make a decision
- Recognize and move to open ice
- Driving net/Back checking with a purpose

*Defenseman Focus

- Gap Control
- Stick on Puck
- Breakout passing

*Neutral Zone Possession, Flow, and Regroups

*Basic Fore-checking

- Anticipation and recognition

*Further Your Knowledge of Basics

- Basic execution of 2 on 1 and 3 on 2 situations

*Offensive/defensive zone positioning

All ages Mite-Adult:

First week will be evaluation week

5:50-6:50pm : Mites/Squirts

**7:00-8:10pm: PeeWee/Bantam/
Midget**

8:20-9:30pm : Adult

- ◇ Skaters may be regrouped after first week based on ability level.
- ◇ If change in group involves a fee change, see Box office before the second week of classes.

Day: Wednesday

July 10th-August 28th (8wks)

Fees

- Mite/Squirt:
\$160.00
- PeeWee-Adult:
\$185.00

All skaters must have a waiver
Full equipment is required
Multi Program/Family discounts

**July/August sessions only-*

Prorated fees for classes that you cannot attend, must provide dates upon

registration